

# Connecticut Adaptive Rowing Program

## 2010 Dates to Remember

### CARP Orientation

Wednesday, May 26th at 5:00 p.m. at Mount Sinai Rehabilitation Hospital  
All CARP members must attend orientation!

Boathouse Volunteer Training- June 2<sup>nd</sup> @ 5:00 p.m.

Rowing-Session I: June 7<sup>th</sup> – July 14<sup>th</sup> (6 weeks)

NO ROWING-July 19<sup>th</sup> –July 28<sup>th</sup> BOATHOUSE CLOSED!

Rowing-Session II: August 2<sup>nd</sup> – September 15<sup>th</sup>

**CARP/Spinal Cord Injury Group Annual Cookout**

Wednesday, August 18<sup>th</sup> at 5:00 p.m.

**September 6<sup>th</sup> Labor Day Holiday-No Rowing!!**

### **September Dates:**

Competitive Rowing Only

Rowers in training for the Head of the Riverfront Regatta

Monday evenings Sept. 22<sup>nd</sup> & 28<sup>th</sup> from 5:00 – 7:00 p.m.

**Sunday, October 3<sup>rd</sup>**

Head of the Riverfront Regatta

Meet at the Boathouse-Time to be determined

**Monday, October 4<sup>th</sup>**

Seasonal Clean-up at the Boathouse

**Wednesday, October 6<sup>th</sup> (Tentative)**

End of season dinner & evaluation meeting - Location to be determined